

## He pihikete kirihimete

(adapted from a recipe in the children's magazine *Tāiki e! Kōanga 2000, Te Putanga 3: pp. 6-7*)

Kia ora. I tērā Kirihimete, i tunua e ahau he pihikete kirihimete mā tōku whānau. He ātaahua ki te titiro atu, he reka hoki.

He mea ngāwari noa iho ki te hiahia koe ki te mahi, ā, anei ngā tohutohu:

Tuatahi, kohia ngā mea katoa kei te hiahia, arā, he pata, he huka parauri, he mīere, he parāoa, he hinamina, he pēkana konutai, tētahi hēki me ētahi rare mārō.

Tuarua ko ngā taputapu. Me whakakao mai tētahi hōpane, he ipu, he tātari, he papa tunu, he pune rākau, he pune tēpu, he pune tī, he kapu, he takapapa, he pēke kirihou, he pū-ngote, he tauira whakairo hei tapahi i ngā pihikete i mua i te tunu (ko tāku tauira he whetū).

Kia rite mai ēnei mea katoa, me huri koe ki te mahi. Ko te mahi tuatahi māu, he pani i te papa tunu ki te pata, kia kore ngā pihikete e tino piri. Me whakawera te umu kia 190 °C te pāmahana. Ka mutu tēnā, inea ngā mea whakauru. Anei ngā ine: kia 125 karamu o te pata, kia hāwhe kapu o te huka parauri, kia whā ngā pune tēpu o te mīere, kia rua me te hāwhe ngā kapu o te parāoa, kia kotahi te pune o te hinamina, kotahi anō te pune tī o te pēkena konutai, a, kotahi anō hoki te hēki.

Āta whakamahanatia te hōpane, engari, kaua e tino wera! Kātahi ka hoatu te pata, te huka me te mīere ki roto i te hōpane, ā, kōroritia. Ko te tikanga, kia āta rewa aua kai. Kaua e waiho kia koropupū. Kōroritia te hēki i roto i te ipu kē, kātahi ka ringihia ki te hōpane.

Kātahi ka tātarihia te parāoa, te hinamina, me te pēkena konutai ki roto i tētahi ipu nui kia pai te hanumi. Ka hoatu i ngā mea maroke ki te ranunga mākū, arā, te pata, te hēki, te huka me te mīere. Ka āta pokepokehia kia kotahi. Ka takaia te pokenga ki te pēke kirihou, ka waiho atu ki roto i te pouaka makariri mō te 30 mēneti.

Ka pau te 30 mēneti, ka āta mahia te pokenga kia papa te āhua mā te pēhi ki te ringa, mā te takapapa rānei. Ka papa ana, ka pēhia katoatia ki te tauira whetū. I ētahi wā, tautauhia te tauira ki te parāoa, kia kore e piri rawa ki te pokenga. Ka mutu tēnā, ka werohia ia pihikete ki te pū ngote ki te mahi putanga. Ko te putanga nei hei here atu ki te rākau Kirihimete.

Utaina ngā pihikete ki runga i te papa tunu, kātahi ka mea atu ngā rare ki ngā wāhi wātea o ngā pihikete. Waiho ki roto i te umu mō te 15 mēneti kia mārō ai. Waiho kia tino makariri. Āta tangohia mai i te papa tunu.

Herea he rīpene ki te putanga o ia pihikete, ā, whakairia ki te rākau kirihimete.